

**THE HARBOUR @ Community Care Alliance**  
**65 Main Street, Woonsocket RI**



**JANUARY 2017**



STUMP 671-2971  
GINNA 235-6059  
DONNA 235-6090

PATTI 235-6080  
BETH 235-6005

**ME IN FIVE-** Ever wonder where you want to be in five years? Join us on the first Thursday of the month to play the “Me In Five” game, where you’ll have 5 minutes to present a song, poem, piece of art, or speech explaining your five-year goals. You’ll be in pairs to ease your nerves. Come at 4pm on **January 5<sup>th</sup>** before Movie Game night.

**KARAOKE/MEDITATION NIGHT-** On **January 12<sup>th</sup>**, we’re hooking up the microphones, so come prepared to sing your favorite songs, solo or in groups. We’re splitting the night up with a relaxing, guided meditation

**GINNA’S FAREWELL PARTY-** Unfortunately, we’re saying goodbye to our awesome staff member Ginna, who will be starting a new job closer to her home. Come wish her luck at her farewell party on **Friday, January 13<sup>th</sup>!**

**MARTIN LUTHER KING DAY-** **Monday, January 16<sup>th</sup>** is Martin Luther King Day, and the Youth Center is open. Come for lunch while we watch “Selma”, and then stick around for the afternoon where we’ll be doing some community building and outreach activities to remember all the sacrifices.

**BUSINESS 101-** On **Thursday, January 19<sup>th</sup>**, join us for an activity to learn to basics of running your own business. No sign up necessary, just show up at 4pm before movie/game night!

**MONTHLY DINNER NIGHT-** We’re changing it up in the New Year and holding our monthly dinner nights on the **LAST** Thursday of the month from 4-7pm. Come on **January 26<sup>th</sup>** for some free food and announcements about the New Year! All youth center members and friends age 14-24 are encouraged to attend.

### **Recurring weekly events:**

**GITAR/MUSIC GROUP-** Each **Tuesday** at 3pm, come to The Harbour to learn how to play the guitar, piano, or hand drums! Depending on the interest of the people who show up, this may range from a drum circle, to peer-led lessons, to songwriting and performing. Just drop in to participate, but be ready to tell Beth what you’d like to do!

**SPEAKER’S BUREAU-** The Harbour is starting up a new Speaker’s Bureau group. Gain communication skills, learn how to give an awesome presentation, and have fun doing activities that will improve your chances of nailing a job or college interview. **SIGN UP REQUIRED-** see staff if interested. Meetings are every **WEDNESDAY** from 4-6pm.

**JOB SKILLS 101-** After the Speaker’s Bureau meeting on **Wednesday**, stay at the Youth Center until 7pm to gain some extra skills in the job world! Gain skills in writing resumes, filling out job applications, and succeeding in an interview. No sign up required.

**VISUAL ART FRIDAYS-** Unwind after a long week by hanging out at the Harbour **every Friday from 3-5p** and letting your creativity flow. This month, we’ll be working on making Mandalas, Origami, “Creature Doodles”, and Collages as ways to cope with stress. All art materials are provided.

**REMEMBER: Drop in at ANY time during our normal hours for homework, resume, or job search help!**

**\*If you are interested in a summer job in 2017, talk to us NOW to get an interview!**

### **BECOME A YOUTH CENTER MEMBER**

Are you between the ages of 14 and 24? Do you need help with employment or academic goals? Need a safe place to hang out? Become a Youth Center member! It’s free! Call one of the youth staff listed on the front of the calendar to schedule an appointment if you or your child would like to become a member of the Youth Center. After completing the intake portion the youth applying must take a basic math and reading assessment/test. **Please plan on being here for approximately 2 hours on the day of your appointment. Youth must bring the following documentation to your appointment:**

- ✓ **Birth Certificate**
- ✓ **Social security card**
- ✓ **Proof of youth’s address (must be less than 90 days old)**