



**FOR IMMEDIATE RELEASE**  
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**Free Self-Improvement Seminar for Women**  
**Topics to include education, employment, health, home ownership**

PAWTUCKET – The Pawtucket netWORKri Career Center will host a half-day seminar – *It's a Woman's World!* – Thursday, October 14, 2004 from 8:15 AM to 2:00 PM at 175 Main Street, Pawtucket. This free seminar encourages women to evaluate all areas of their lives, including education, employment, health, and housing, and will be led by keynote speakers “Dr. Day Care” Mary Ann Shallcross Smith Ed.D. and mortgage consultant Lori A. Grover.

The Pawtucket netWORKri Career Center is proud to offer *It's a Woman's World!*, an exciting, empowering event with several breakout sessions on women's issues including exploring non-traditional career opportunities, how to start a business, and home ownership. Celebrating the complexity of women's lives, other discussions will include improving time management, health screenings, improved organization, and information on domestic violence.

The public is welcome to attend the free seminar, but seating is limited. Ensure your space by registering before Friday, October 8, 2004. Call Joanne King at 722-3100, ext. 103, or Jane Palmer at 722-3100, ext. 122. This is an Equal Opportunity Program. For hearing impaired interpreter services, call TDD: 462-8006.

Rhode Island boasts six federally funded netWORKri Centers, each offering a wide array of employment and training services, including job referral, peer support groups, aptitude testing for job seekers, recruitment assistance, tax credits, industry trend and labor market data for employers, all at no charge to the customer.

Job seekers can access personal computers, the Internet, telephone, fax and copy machines to help in their job search. netWORKri is ready to assist any job seeker, whether the goal is a first job, a better job, or a career change. Businesses can work with talented netWORKri professionals to fill vacancies or secure training grants. “We are ready to help,” said Kathleen Partington who oversees the Centers, “netWORKri is a valuable resource for those looking for a job or looking to fill a job.” For more information on services available at netWORKri, log on to [www.netWORKri.org](http://www.netWORKri.org).

-30-

*The Rhode Island Department of Labor and Training offers a wide array of employment and training services to both the general public and to individuals with unusual barriers to employment. DLT is ready to assist any job seeker, whether the goal is a first job, a better job, or a career change. Rhode Island's work force is protected through the enforcement of labor laws, prevailing wage rates, and work place health and safety standards. Temporary income support is available to unemployed, sick, or injured workers and a comprehensive rehabilitation program is available to those injured on the job.*

**Continued from previous page**

*retrain their existing work force. At no cost to the employer, DLT will also screen job applicants, post job vacancies, and help businesses institute cost-sharing programs that can avert layoffs.*

*For more information on the innovative programs and services available to all Rhode Islanders at the Department of Labor and Training, please call (401) 462-8000 or visit the web site at [www.dlt.ri.gov](http://www.dlt.ri.gov).*

***Equal Opportunity Employer***

*Auxiliary aids and services are available up on request to individuals with disabilities  
TDD (401) 462-8006*